ZOOMER*ranks* 

## The

# Sexiest Cocktails

TTOMS UP!

THERE ARE AT LEAST THREE WAYS to sexy-up a drink. Crude is not one. So forget about drinks like the Orgasm, a creamand liqueur-based cocktail, which had its time in vogue for its obvious reference and appearance. That's just so uncool that it's no longer part of the official International Bartenders Association (IBA) cocktails. Ditto for Screaming Orgasm, Multiple Orgasm and similar plays on this drink.

On the other hand, red lingerie, red lips and red drinks are sensuous partners. Campari's bright red-orange colour makes it a bartender's favourite choice for romantic occasion drinks. Raspberry, cherry, cassis, cranberry and other red berry liqueurs and juices also do the trick in a cocktail.

Chocolate bonbons, chocolate body paint and chocolate drinks are another way to passion. Good chocolate releases serotonin – a feel-good hormone – into the blood stream. Chocolate spirits, such as Patron XO Cafe Dark Cocoa, Godiva Chocolate Liqueur, Mozart Black Chocolate, Criollo Chocolate Raspberry Truffle and Crème de Cacao are used to make many great chocolate-flavoured cocktails. However, and reader discretion advised here, Hot Anal Sex, the cocktail made with brown crème de cacao, Frangelico and cranberry, will not make this sexy list. Ordering it is just too vulgar.

A bubbly – Champagne if you can afford it – is the third way to sex up an evening. The bubbles are not only attractive, but they may help alcohol enter the bloodstream faster for a quicker high. Champagne cocktails abound, and the best for romance combine the fizz with red. The Pink Champagne Cocktail served at the Hôtel de Cap for the Cannes Film Festival

combines one teaspoon of brandy, one teaspoon of Grand Marnier and five ounces of pink Champagne poured over an Angosturasoaked sugar cube. But for me, the simple classic Kir Royale, which combines champagne with an ounce or so of cassis liqueur (I recommend Lejay Cassis), is the tops.

I asked two top Toronto bartenders for their favourite romantic cocktail recipes. Dave Mitton, co-owner and resident bartender at the Harbord Room, is also president of the Ontario chapter of the Canadian Professional Bartenders Association. He suggested four cocktails – all delicious. I picked Bitter Sweet Symphony and Lady in Red as the two for this top five list.

Frankie Solarik is a pioneer of progressive and contemporary cocktails in Canada and one of the top mixologists in the nation. At his innovative bar, BarChef (co-owned with Brent VanderVeen), he serves the sensuous tasting, smoky mysterious Vanilla and Hickory-Smoked Manhattan. It tastes like a campfire marshmallow and comes under a dome filled with smoke. I put this up with the best of best for sexy drinks, but no one would make this at home. You need a blowtorch, hickory chunks, a glass bell jar, a pedestal, vanilla-infused brandy, hickorysmoked syrup, your own cherry vanilla infusion and more. There's a reason this cocktail costs \$45 at BarChef.

Featured here are two of his less elaborate but no less delicious romantic recipes: Amaro Rose and The Gala.

And, finally, my personal pick, Silk Stocking, a throwback cocktail to the time when dessert martinis were the rage. *Cincin*.

-Margaret Swaine ▶



### **BITTER SWEET SYMPHONY**

The combo of bitter and sweet from the Campari and the Cynar (made from artichoke and 12 other herbs and plants), the floral savoury sweet of Carpano Bianco (white wine based with ginger, cloves, chamomile, hyssop and more) and the aromatic gin makes a wonderful symphony on the palate.

1 oz Plymouth gin 1 oz Carpano Bianco

1/2 OZ Cynar

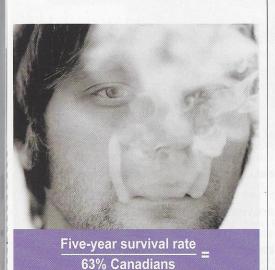
> Orange zest Ice cubes

Combine all ingredients in a mixing glass. Add ice so mixing glass is 3/4 full and stir about 15 to 18 times. Strain over one large cube of ice in glass. Squeeze orange zest across the drink and pour into an old-fashioned glass. Rub the zest around the inside.



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Oral cancer is the 13th most common type of cancer. Estimates indicate that 3,400 new cases of oral cancer will present each year in Canadians 50 years of age and older. Smoking, chewing tobacco, snuff, or beetle nut, drinking alcohol, sun exposure of the lips and infection with human papillomavirus are risk factors in developing oral cancer.

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### **AMARO ROSE**

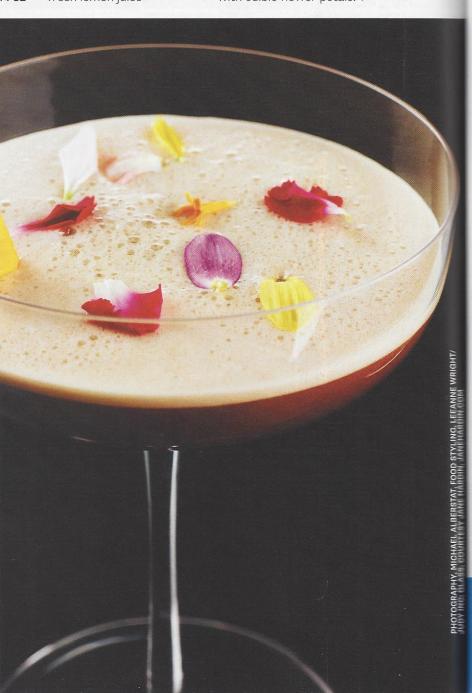
The Amaro Rose calls for rosewater, and roses always evoke romance. It has a wonderful dark spice note with the amaro (Averna is a good brand of amaro to use in cocktails) as the base spirit with a nice light mouthfeel and lingering finish of orange from the Campari.

1 oz Vanilla Syrup (recipe right)
1 ½ oz amaro (Averna for example)
½ oz rosewater
¾ oz fresh lemon juice

1/2 oz Campari 1 egg white

Vanilla Syrup In a pot, bring 1 litre water, 500 ml sugar and 3 caps (¾ oz) vanilla to a boil; reduce heat and simmer for 10 minutes. (You'll have lots left for future drinks.) Let cool to room temperature.

In cocktail shaker, combine syrup, amaro, rosewater, juice, Campari and egg white; add ice, shake and fine strain into a coupe glass. Garnish with edible flower petals.



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#### THE GALA

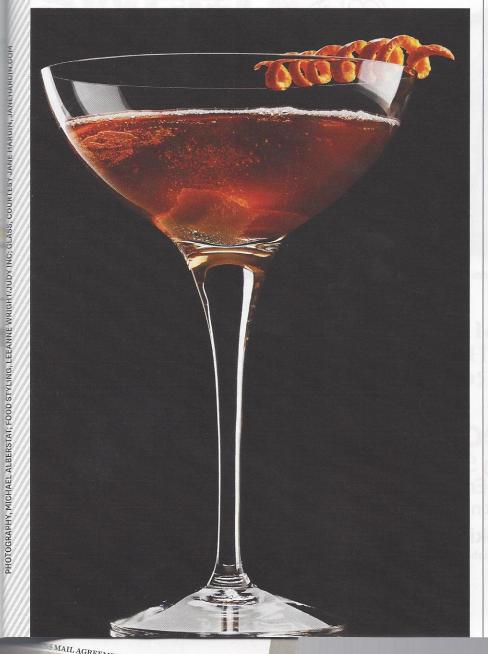
This cocktail is romantic and approachable – perfect for when you have guests over. A cocktail made with bubbly always gets the evening started on a high note. It utilizes one of Frankie's favourite bitters (the apricot bitter) and a wonderful floral French liqueur, St. Germain. Frankie advises those not willing to produce the apricot bitters that storebought Angostura Orange bitters will work fine. Just place a couple dashes in the glass.

¼ oz Apricot Bitter (recipe, right)¾ oz St. Germain

4 oz sparkling wine (or Champagne if you can spring for it)
Sugar cube
Red grapefruit zest

Apricot Bitter In 60 oz infusion jar, combine 250 g dehydrated apricots, 3 liquorice root sticks, 3 sticks cinnamon, 20 g cardamom, 20 g clove, 30 g fennel, 10 g black pepper, 20 g star anise; top with 50 oz rye. Let infuse for 3 months. Strain and serve.

In coupe glass, combine Apricot Bitter, St. Germain and sparkling wine (or Champagne); add sugar cube, garnish with red grapefruit zest and serve.





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